

Don't Let Cain Kill Abel

By: Randy Swift

Many years ago I used to sit on mama's knee
And listen to the words of wisdom handed down to me.
A story of two brothers long ago and far away
How one despised the other so he took his life away
She told of Cain and Abel, how Cain took Abel's life
How Abel pleased the Lord while Cain was filled with hate and strife
One good the other evil, so it is with every man, there comes an inner struggle till one
gets the upper hand.
I said mama I don't think I understand.

She said Cain is that old carnal man, he lives inside of you.
And Abel is the godly man someday he'll live there too.
Now Cain may say that its OK to do what pleases you, but Abel's way will be to say
serve God in all you do.
Someday you'll grow up big and strong and you'll become a man.
You'll make your own decisions as you journey through the land.
Then the time will come when you must side with one man or another.
And when you do the one you choose will take life from the other

She said don't let Cain kill Abel.
Do all you can to keep that man alive.
She said don't let Cain kill Abel
For he who is Abel can bring eternal life

So many years have passed since I first heard what mama said.
About the battle between right and wrong that would go on in my head.
But Abel is alive and well within my heart today.
And it's all because a little boy once heard his mama say.

Hey! Don't let Cain kill Able
Do all you can to keep that man alive
She said don't let Cain kill Able
For he who is Able can bring eternal life.